

Further questions for you to ask your GP cont...

January 2017

Carers' Support (Bexley) is a charity that works to relieve distress for unpaid carers of frail, elderly, disabled people and those with special needs.

Call Carers' Support (Bexley) on 020 8302 8011 or email us: carerssupport@nhs.net or visit our website: www.carerssupport.org
Carers' Support (Bexley) The Manor House, Grassington Road, Sidcup, Kent DA14 6BY

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Carers Checklist

For End of Life support

Carers are often left out of end of life care discussions, despite the involvement on a day-to-day level.

This checklist is for you, to make sure you have the information you need.

www.carerssupport.org

Consent

- | | | |
|--|-------------------------------|-------------------------------|
| 1. Have you talked to the person you care for about what medical information they are happy for health professionals to share with you? Do you have written consent from the patient? If so, send a copy to the surgery. | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |
| 2. Has an advance decision to refuse treatment / living will been discussed with the person you care for? If yes then you will need to keep this safe and make sure the GP is aware of it. | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |

Understanding the situation

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| 3. Have you asked your GP to explain what is happening and what to expect, including timescales? | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |
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Early conversations and planning

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| 4. Have you talked to the person you care for about the care they would like and where they would like to be when they die? | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |
| 5. Have you talked to the person you care for and informed your GP about if they want to go into hospital if an ambulance is called? | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |
| 6. Has a power of attorney been made for the cared for's health and welfare? | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |
| 7. Have you let your GP know about any cultural or religious needs for the cared for before or after their death? | Y
<input type="checkbox"/> | N
<input type="checkbox"/> |

Ask your GP for information on...

- | | |
|--|-------------------------------|
| 8. What to do if there is an emergency during the day, at night or on the weekend. | Done <input type="checkbox"/> |
| 9. What to do if you are unhappy with the medical treatment received. | Done <input type="checkbox"/> |
| 10. Where to get more support if you need it. | Done <input type="checkbox"/> |
| 11. What to do if the situation means that the plans that were made cannot be fulfilled? E.g. you become ill or cannot manage? | Done <input type="checkbox"/> |
| 12. Who is the case coordinator?
..... | Done <input type="checkbox"/> |

Further questions for you to ask your GP...

Please turn over >