

# Carers' Voice

## We have a new Chief Executive!

Alison Baker, who has worked for Carers' Support (Bexley) for 24 years, will be stepping down from the role of Chief Executive later this year, although she will still be working here in a part-time, more "operational" role.

Our new Chief Executive will be Vikki Wilkinson. Vikki says about joining Carers Support (Bexley):

*"I have seen the incredible work that Carers Support (Bexley) do and I am excited to join as the new CEO to support carers and Carers Support Bexley to retain this excellence, and do even more for all carers in Bexley. I have been a CEO of a local Bexley charity (BVSC) for the past 5 years, with a background also in young people's support and local government. I also have a background in psychotherapy.*

*I join in November and am looking forward to working with the team and look forward to meeting you all soon."*



## FREE Training courses for Carers at Crayford Manor House

- ❖ 1<sup>st</sup> Aid 11 October 2021 10am to 2.30pm
- ❖ Supporting someone with Dementia – 23 October 10am to 3pm
- ❖ Coping with Stress – 30 October 10am to 3pm

**New Drop-in/Café for Carers, Former Carers and people with care needs at Crayford Manor house, Mayplace Road East, Barnehurst, DA1 4HB**  
 Launching **24 September 11.30 to 2pm**

Light refreshments available

Drop in to find out information, meet with other Carers, talk to someone in confidence, or just have a cup of tea!

### IN MEMORANDUM

CARERS' SUPPORT WOULD LIKE TO THANK ALL THE FRIENDS AND RELATIVES WHO MADE DONATIONS, AND LEGACIES, TO CARERS' SUPPORT (BEXLEY) IN MEMORY OF:

Edwin Lewis ~ Roger Chase ~ Ron Baldry ~ Mrs Bhoday ~ Elsie Hudson ~ Keith Harrison ~ Kathy Poulton ~ June Curry  
 ~ Jessie Angela Forsdyke ~ Connie Prior ~ Geoff Hayden

**Your donations and legacies make a big difference to Carers. Thank you for your support.**

## Our Support Groups have started again!

And we have some new ones too! – Please call 0208 302 8011 to book, or email  
[joanne@carerssupport.org](mailto:joanne@carerssupport.org)

### Crayford Manor House, Mayplace Road East, Barnehurst, DA1 4HB

#### **Monday Club (for adults with learning disabilities and their Carers) –**

3<sup>rd</sup> Monday of the month - 11am to 1pm- 20<sup>th</sup> Sept, 18<sup>th</sup> Oct, 15<sup>th</sup> Nov & 20<sup>th</sup> Dec

#### **Music and Singing Club (for Carers, former Carers and/or people with care needs) – led by musician**

**Carol Anne Wells** - no musical ability or experience necessary, just come along and join in. 1<sup>st</sup> Monday of the month 10.30 to 12.30 – 4<sup>th</sup> Oct, 1<sup>st</sup> Nov & 6<sup>th</sup> Dec

#### **Memory Support Group (for people with memory loss and their Carers to come together): 2<sup>nd</sup>**

Wednesday of the month 10.30 to 12.30- 13<sup>th</sup> Oct, 10<sup>th</sup> Nov & 8<sup>th</sup> Dec

#### **Art Group (for Carers, former Carers and/or people with care needs) No Artistic ability needed!**

4<sup>th</sup> Wednesday of the month 10am to 12 noon – 22<sup>nd</sup> sept, 27<sup>th</sup> Oct, 24<sup>th</sup> Nov & 22<sup>nd</sup> Dec

#### **Café / Drop-in for Carers, Former Carers and People with care needs: 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month**

11.30am to 2pm – 24<sup>th</sup> Sept, 8<sup>th</sup> Oct, 22<sup>nd</sup> Oct, 12<sup>th</sup> Nov, 26 Nov & 10<sup>th</sup> Dec

### Blackfen Community Library, 7-9 Blacken Road, Sidcup. DA15 9LU

#### **Memory Support Group (for people with memory loss and their Carers to come together)**

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month- 11am -1pm 17<sup>th</sup> Aug, 7<sup>th</sup> Sept, 21<sup>st</sup> Sept, 5<sup>th</sup> Oct, 19<sup>th</sup> Oct, 2<sup>nd</sup> Nov, 16<sup>th</sup> Nov, 7<sup>th</sup> Dec & 21<sup>st</sup> Dec

#### **Coffee Morning (for Carers and former Carers)**

2<sup>nd</sup> Thursday of the month -10.30am – 12.30pm- 12<sup>th</sup> Aug, 9<sup>th</sup> Sept, 14<sup>th</sup> Oct, 11<sup>th</sup> Nov & 9<sup>th</sup> Dec

### Christ Church Erith, 1 Victoria Road, Erith, DA8 3AN

#### **Carers Support Group (for the Carer and the person you care for) 1<sup>st</sup> Thursday of the month- 11am-**

1pm- 2<sup>nd</sup> Sept, 7<sup>th</sup> Oct, 4<sup>th</sup> Nov & 2<sup>nd</sup> Dec

#### **Carers Support Group (for Carers and former Carers )**

3<sup>rd</sup> Thursday of the month – 11am-1pm- 19<sup>th</sup> Aug, 16<sup>th</sup> Sept, 21<sup>st</sup> Oct, 18<sup>th</sup> Nov & 16<sup>th</sup> Dec

### Falconwood Club, 1 Falconwood Avenue, Welling DA16 2SH

#### **Carers Support Pub Group (for Carers and former Carers) 1st Monday of the month- 7pm-9pm 6<sup>th</sup> Sept,**

4<sup>th</sup> Oct, 1<sup>st</sup> Nov & 6<sup>th</sup> Dec

Find us on Facebook - 'Carers' Support Bexley'  
Find us on Twitter - '@CSBex'  
AND you can find us online at: [www.carerssupport.org](http://www.carerssupport.org)