

Carers' Voice

We have a new Chief Executive!

Alison Baker, who has worked for Carers' Support (Bexley) for 24 years, will be stepping down from the role of Chief Executive later this year, although she will still be working here in a part-time, more "operational" role.

Our new Chief Executive will be Vikki Wilkinson. Vikki says about joining Carers Support (Bexley):

"I have seen the incredible work that Carers Support (Bexley) do and I am excited to join as the new CEO to support carers and Carers Support Bexley to retain this excellence, and do even more for all carers in Bexley. I have been a CEO of a local Bexley charity (BVSC) for the past 5 years, with a background also in young people's support and local government. I also have a background in psychotherapy.

I join in November and am looking forward to working with the team and look forward to meeting you all soon."



FREE Training courses for Carers at Crayford Manor House

- ❖ 1st Aid 11 October 2021 10am to 2.30pm
- ❖ Supporting someone with Dementia – 23 October 10am to 3pm
- ❖ Coping with Stress – 30 October 10am to 3pm

New Drop-in/Café for Carers, Former Carers and people with care needs at Crayford Manor house, Mayplace Road East, Barnehurst, DA1 4HB
 Launching **24 September 11.30 to 2pm**

Light refreshments available

Drop in to find out information, meet with other Carers, talk to someone in confidence, or just have a cup of tea!

IN MEMORANDUM

CARERS' SUPPORT WOULD LIKE TO THANK ALL THE FRIENDS AND RELATIVES WHO MADE DONATIONS, AND LEGACIES, TO CARERS' SUPPORT (BEXLEY) IN MEMORY OF:

Edwin Lewis ~ Roger Chase ~ Ron Baldry ~ Mrs Bhoday ~ Elsie Hudson ~ Keith Harrison ~ Kathy Poulton ~ June Curry
 ~ Jessie Angela Forsdyke ~ Connie Prior ~ Geoff Hayden

Your donations and legacies make a big difference to Carers. Thank you for your support.

Our Support Groups have started again!

And we have some new ones too! – Please call 020 8032 8011 to book, or email
joanne@carerssupport.org

Crayford Manor House, Mayplace Road East, Barnehurst, DA1 4HB

Monday Club (for adults with learning disabilities and their Carers) –

3rd Monday of the month - 11am to 1pm- 20th Sept, 18th Oct, 15th Nov & 20th Dec

Music and Singing Club (for Carers, former Carers and/or people with care needs) – led by musician Carol Anne Wells - no musical ability or experience necessary, just come along and join in. 1st Monday of the month 10.30 to 12.30 – 4th Oct, 1st Nov & 6th Dec

Memory Support Group (for people with memory loss and their Carers to come together): 2nd

Wednesday of the month 10.30 to 12.30- 13th Oct, 10th Nov & 8th Dec

Art Group (for Carers, former Carers and/or people with care needs) No Artistic ability needed!

4th Wednesday of the month 10am to 12 noon – 22nd sept, 27th Oct, 24th Nov & 22nd Dec

Café / Drop-in for Carers, Former Carers and People with care needs: 2nd and 4th Friday of the month 11.30am to 2pm – 24th Sept, 8th Oct, 22nd Oct, 12th Nov, 26 Nov & 10th Dec

Blackfen Community Library, 7-9 Blacken Road, Sidcup. DA15 9LU

Memory Support Group (for people with memory loss and their Carers to come together)

1st & 3rd Tuesday of each month- 11am -1pm 17th Aug, 7th Sept, 21st Sept, 5th Oct, 19th Oct, 2nd Nov, 16th Nov, 7th Dec & 21st Dec

Coffee Morning (for Carers and former Carers)

2nd Thursday of the month -10.30am – 12.30pm- 12th Aug, 9th Sept, 14th Oct, 11th Nov & 9th Dec

Christ Church Erith, 1 Victoria Road, Erith, DA8 3AN

Carers Support Group (for the Carer and the person you care for) 1st Thursday of the month-

11am- 1pm- 2nd Sept, 7th Oct, 4th Nov & 2nd Dec

Carers Support Group (for Carers and former Carers)

3rd Thursday of the month – 11am-1pm- 19th Aug, 16th Sept, 21st Oct, 18th Nov & 16th Dec

Falconwood Club, 1 Falconwood Avenue, Welling DA16 2SH

Carers Support Pub Group (for Carers and former Carers) 1st Monday of the month-

7pm-9pm 6th Sept, 4th Oct, 1st Nov & 6th Dec

Find us on Facebook - 'Carers' Support Bexley'
Find us on Twitter - '@CSBex'
AND you can find us online at: www.carerssupport.org